

Basic Sea Safety Training - STCW95

What to expect on our course

Personal safety & responsibility - 1 Day

This classroom module of the course will demonstrate the hazards you may encounter at sea, some of which may not have been apparent to you in any shore based activity before. You will also learn the importance of maintaining relationships on board, in often cramped conditions.

Finally you will discover the regulations laid down to help protect our planet and your relationship with it as you learn how a vessel at sea can impact the local and global environment.



Basic First Aid - 1 Day

When dealing with burns, fractures, breaks, hypothermia and resuscitation you'll need to learn how to recognise various symptoms in others and also what to do to help ease any pain, secure a casualty and call for further help. Perhaps most important of all, our instructors will not only teach you the process in situation assessment but are also able to replicate the often more confined spaces and situations that may cause or follow an injury at sea.

Sea Survival - 1 Day

A day split 50:50 between classroom theory and outdoor practical. Our team will teach you how to recognise distress signals from others, and how to use them yourself. You'll learn the key differences between each major, on board sea survival equipment. Safe operating, maintenance and stowage are crucial to all pieces of equipment, should it need to be used in an emergency

The afternoon will excite some and chill others as we head to the Royal Navy's outdoor training facility for practical sea survival learning. Teaching you to correctly don a survival suit, enter the water (from a height) and launch and enter a life raft. This element of the STCW95 course is where the need to look after yourself and your fellow crew, with safety for all as the primary concern, really hits home.

Basic Fire Fighting - 2 Days

Our expert instructors will guide you through the essential theory required before practical demonstrations on how to discover a fire, and the procedures you'll need to follow when alerting others. Fire extinguishers are explained, demonstrated and refilled before you can have a go yourself.

Once we're happy you've grasped the basics we'll let you enter our state of the art fire fighting units. Capable of reaching 300°C, with fully computer controlled propane fire simulators, these units are used to train some 14,000 people a year including many maritime branches of the British fire brigade. In the units you'll learn how to operate and communicate in reduced visibility, breathe safely using BA's (Breathing Apparatus) and of course, how to extinguish some more serious fires.